

# GP verification

## To do or not to do?

Ali Hashtroudi  
Clinical Director  
Honorary Senior Lecturer



# Background

- Clearance of regulated students
- HQ = self declaration
- Difficulties after start
- High profile cases
  - Beverley Allitt

# GSTT ~ KCL Approach

- HQ → admin → **if declared** → **nurse telephone/ f2f** → discussion with Dr → f2f/ telephone with Dr → report from ...
- Medically unfit exceptionally rare
- Adjustments recommended/ risks clarified,
- School to decide
- GP signature for a while >decade a go

## Pre-Commencement Health Questionnaire (PCHQ) NURSING Students

Guidance notes: please read carefully

This pre-commencement health questionnaire gives us information which helps us to:

- Ensure that you are medically fit for the proposed course of study
- Advise on any adjustments to your course which may be necessary to ensure that any health condition you may have is not made worse by your proposed course of study
- Identify any medical condition which could pose a safety risk to you, your colleagues, patients or members of the public
- Check that you are not particularly vulnerable to any hazards on your proposed course of study

You may be contacted by an Occupational Health Professional who is dealing with your pre-commencement health assessment. They will either telephone you to gain further information so that the assessment can be completed there and then or make you an appointment with a nurse or a doctor. This process must be completed before you can receive health clearance to start your course.

The medical details you write on this form remain confidential to the Occupational Health Service of Guy's and St Thomas' NHS Foundation Trust. This means that the medical details you put on the form will not be disclosed to anyone else without your explicit consent, although some of them may be used internally as part of the routine auditing of the Occupational Health Service. The result of your health clearance will be sent to King's College London.

Please answer **all** of the questions. If you fail to complete the questionnaire there will be a delay to your health clearance and subsequent course enrolment. **Forms must be completed electronically and returned to the Occupational Health Service using the confidential email address: [kclugsoh@gstt.nhs.uk](mailto:kclugsoh@gstt.nhs.uk)**

### Section 1. Personal Details:

## Section 5. Declaration:

Before signing this declaration please ensure you have answered all the questions as instructed providing further details as required. Please ensure the consent form is also signed and fully completed.

1. I hereby agree to inform the Occupational Health Service of any changes in my health which may affect my ability to work or study.
2. I understand my responsibility to notify the Occupational Health Service if I think I have a serious communicable condition such as Hepatitis B / Hepatitis C / HIV or TB.
3. I acknowledge that my personal details will be stored both electronically and manually by the Occupational Health Service in accordance with the Data Protection Act 1998. If I have any concerns about how this information is handled I can contact the Occupational Health Service.
4. I confirm that the information provided by me in this entire form is true and complete to the best of my knowledge. I understand that any deliberate omission, falsification or misrepresentation in this record may result in disciplinary action by my institution.

Please click here to digitally sign this form

Full name:

Date:



# Rationale

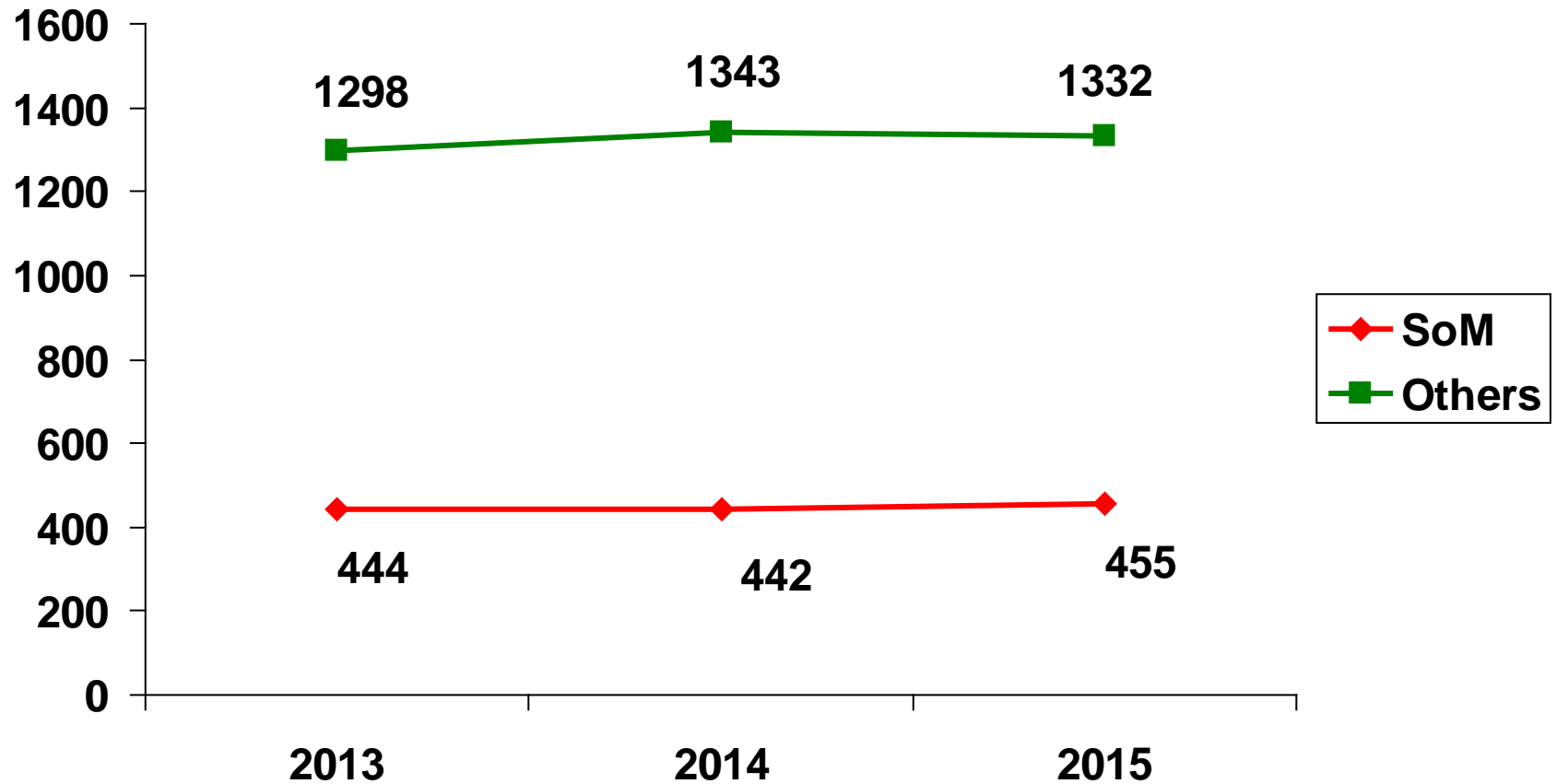
- SoM asked to re-instate GP verification
- ...
- Agreed to include GP verification in the HQ for 2015/16 intake (April 2015)
- On the basis of evaluating the impact
- Offered to other schools, none interested
- ADD LIT REVIEW



# Methodology

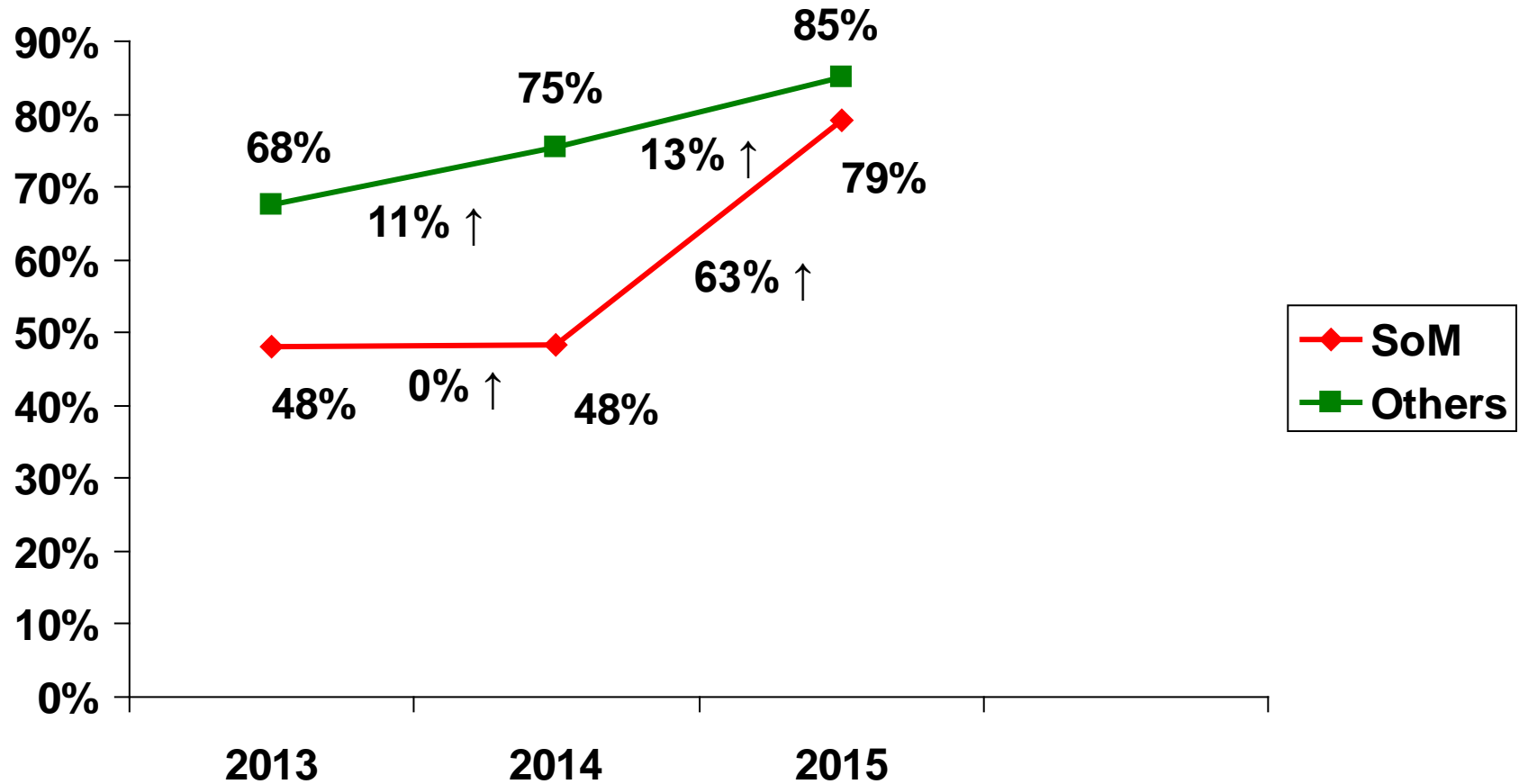
- All interactions because of GP verifications recorded separately
- No direct measure how many declared
- Nurse interaction a surrogate for declaration
- OH outcomes
  - Cleared/ not cleared
  - Adjustments suggested/ not suggested
- Trends for SoM/ others 2013 – 2015

# Result – Total Intake

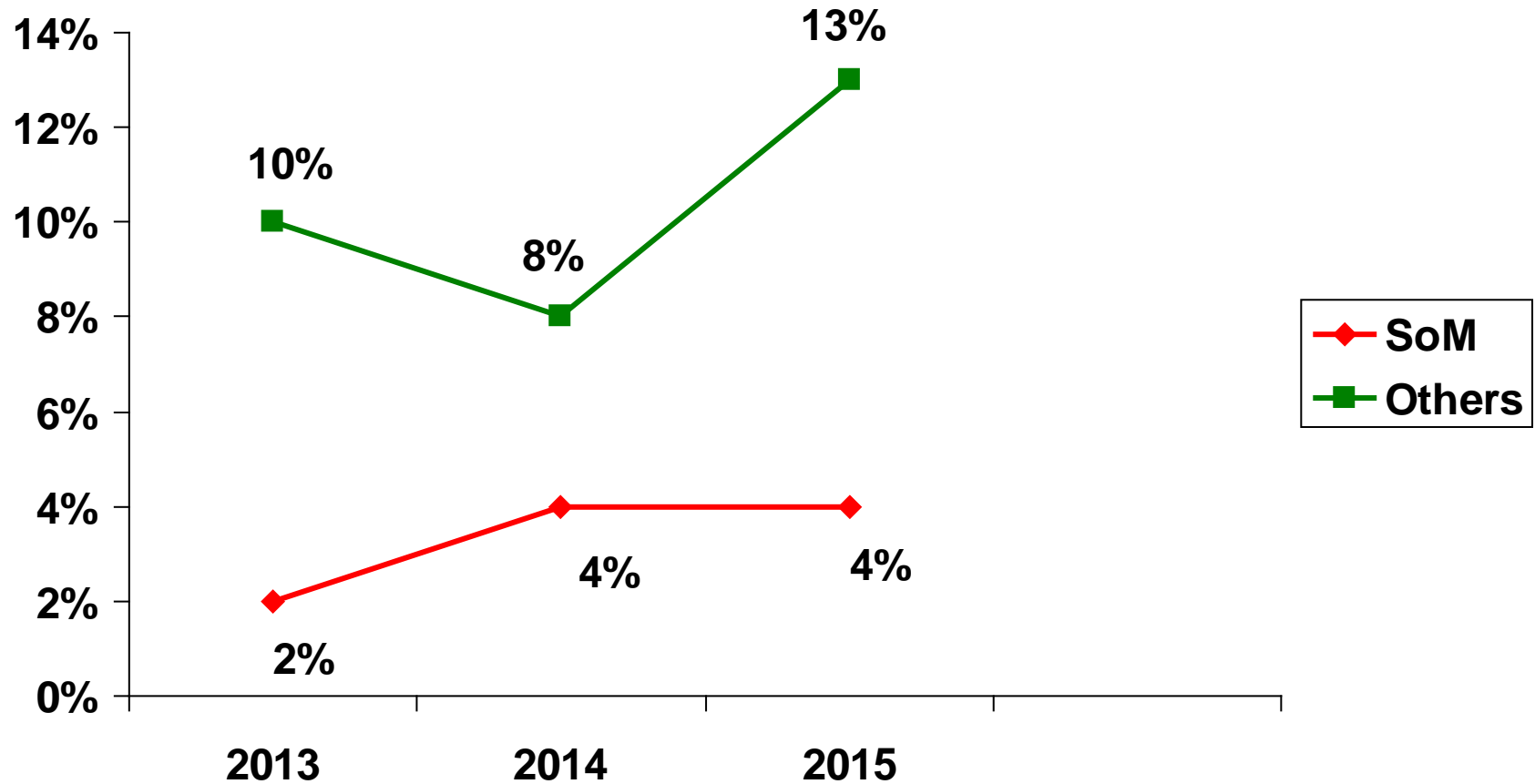




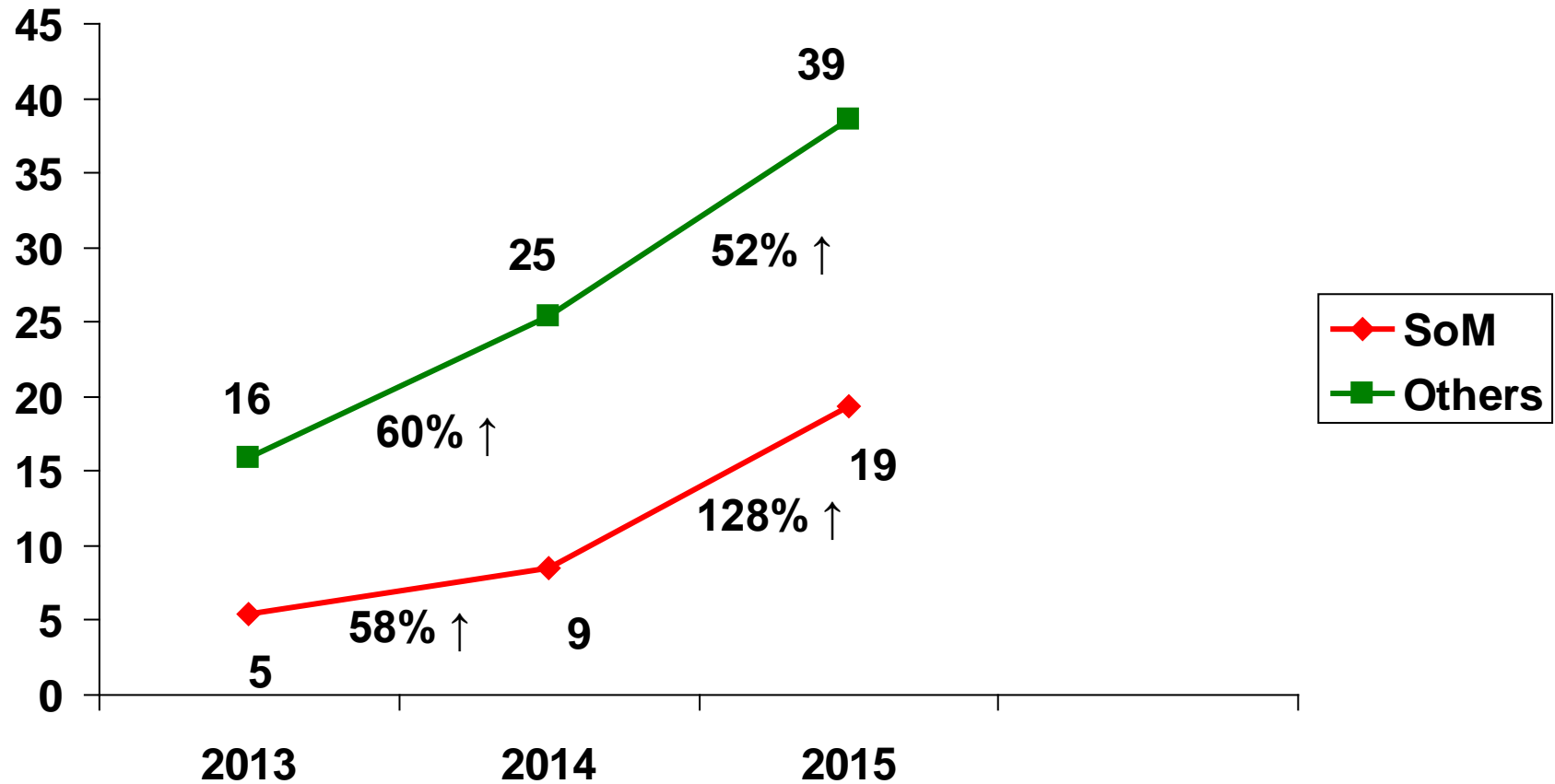
# Result – % Declared\*



# Result – % Adjustments



# Result – Days to Clear



# Result – Clearance KPI

<b>Days to clear</b>	<b>Total</b>	<b>Mean</b>	<b>↑%</b>	<b>Median</b>	<b>Mode</b>
<b>SOM 2013</b>	444	5.4		0	0
<b>SOM 2014</b>	442	8.5	58%	0	0
<b>SOM 2015</b>	455	<b>19.4</b>	<b>128%</b>	6	0
<b>Others 2013</b>	1298	15.9		4	0
<b>Others 2014</b>	1343	25.4	60%	13	0
<b>Others 2015</b>	1332	<b>38.6</b>	<b>52%</b>	30	0

# Result – Not Signed

- Did not sign at the end = 16
  - 8 international students with no GP or family doctor
  - 3 students couldn't afford the fee requested
  - 5 students moved to new GP who could not provide



# Result – Unacceptable

- 6 students provided unacceptable\* signatures
  - 5 students sent the signature sheet separated from the form (i.e. unsure if the GP had seen the disclosure)
  - 1 student had it signed by a doctor who was family member



# Result – Contact with OH

- Significant increase in number of enquiries
- ~10% of total enquiries

# Discussion

- Increased declaration
- Increased the workload (contact)
- Increased the time required to clear

But

- No change in OH outcome
  - % for whom adjustments offered remained static
  - No one declared unfit





# Discussion

- Equality
- Practicality
  - Online form
- Limitation
  - Cohort outcome
    - Academic progress
    - Attendance
    - Conduct



# GP verification

## To do or not to do?

Let's discuss