


# Mental Health and Students – Whose responsibility is it?

Dr Alison Oldam – Head, Student Wellbeing  
Service

# Is Mental Health an Issue?

- ▶ Mental health team activity 2009–10
  - ▶ New students seen – 545
  - ▶ Total Appts offered – 2361
  
  - ▶ In the last 2 weeks (approx)
  - ▶ 5 suicidal Students and 2 with a re-occurrence of mental illness.
  - ▶ Impacts on retention, academic achievement., satisfaction with university experience.
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**Head of Service: Dr Alison Oldam**

Project and Activities Co-ordinator:  
**Mrs Stephanie Matthews**  
Clerical Assistant: **Miss Carolyn Taylor**

**JUNAC:**  
Manager: **Nicola Metcalf**,  
Assessors: **Mrs Alison Smith, Mrs Brenda Wilkinson, Ms Sandy Alden**

Manager, Student Financial Support Team:  
**Dr Jim Smith**

Manager, Wellbeing Team:  
**Mrs Ann Musk**

University Chaplain (Anglican) Rev **Catherine Lack**

Student Finance Adviser:  
**Miss Emma Hope**

Student Financial Support Co-ordinator:  
**Miss Irena Rencesova**

Senior Financial Support Assistants: **Miss Vicki Coombes, Mr Lee Concoran, Miss Mandy Crane, Mr Austin Murley, Mr James Fox**

Financial Support Assistant:  
**Mrs Joanne Thompson, Miss Miya Pinder**

Counsellors: **Mrs Lizzie Vinnicombe**

Student Wellbeing Advisers:  
**Miss Rhianna Medd, Mrs Louise Kirkland, Mrs Natalie Dowd, Mr Rob Bedford**

Disability Advisers:  
**Mrs Christine Summerley, Mrs Anne Scott**

Dyslexia Advisers/Tutors:  
**Ms Sandy Alden, Ms Helen Maitland, Sarah Lockhart**

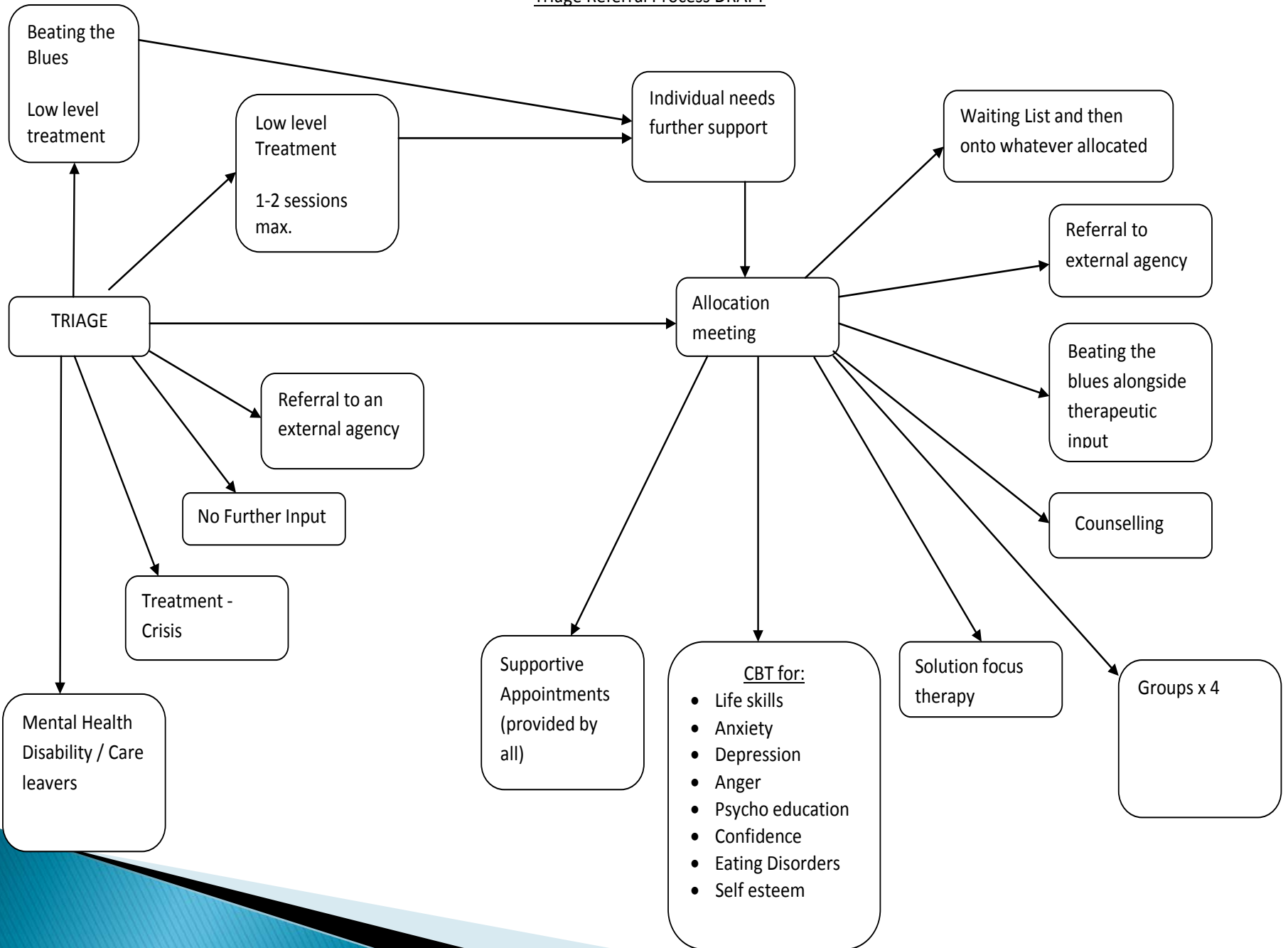
Sessional Consultant Psychiatrist  
**Ushi Reckermann**

Roman Catholic Chaplains: **Andrew Downie, Mia Fox**

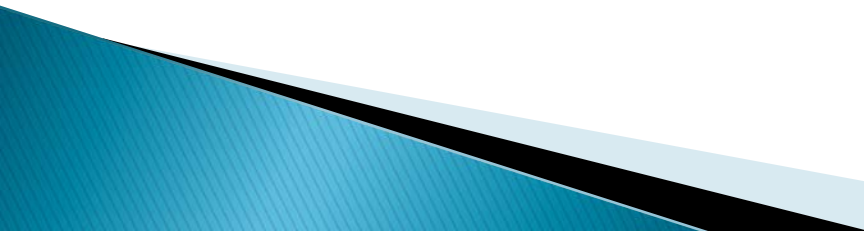
Buddhist Chaplain:  
**Sujatin Johnson**

Methodist Chaplains: **Rob Hawkins, Stephen Richardson**

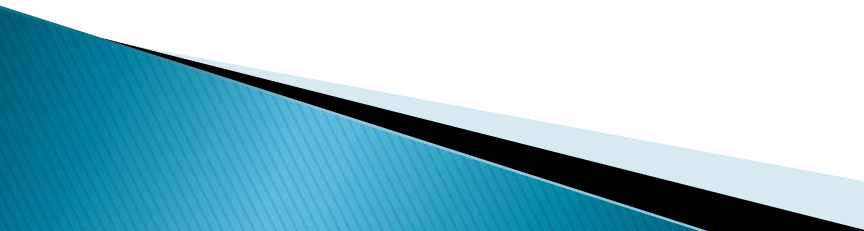
Triage Referral Process DRAFT



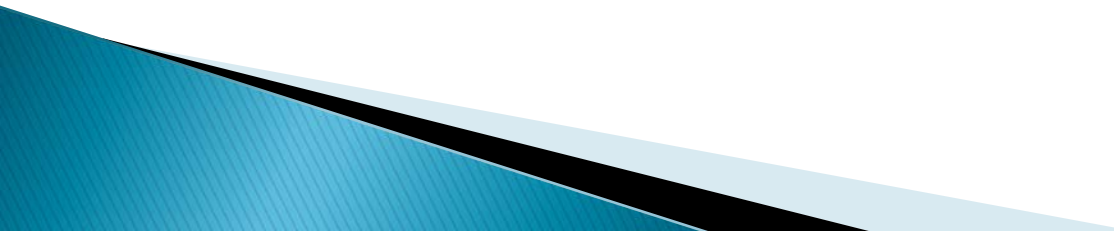
# Personal Tutoring System

- ▶ Role
  - ▶ Tutor: To listen to and offer students confidential help and advice about pastoral/non-academic matters and to sign post students to other student services for further assistance if necessary.
  - ▶ Tutee: Take the initiative in raising problems or difficulties (academic or personal) at the earliest possible opportunity.
  - ▶ Tutors will meet their students at least twice during their first semester and offer tutorial contact at least once a semester at other times.
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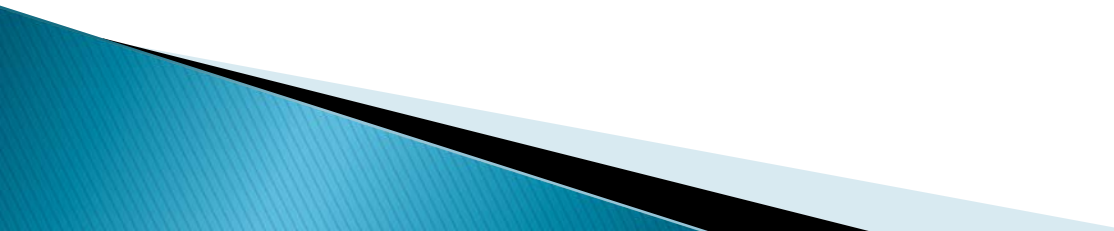
# Role of senior tutor

- ▶ To act as a co-ordinating point for general communication between the academic unit and central student and academic services, e.g. disseminating information about institutional student support and services
  - ▶ To act as a second point of contact for a student in the event of the allocated personal tutor's absence from the University, and in the event of complicated issues
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# Support Provided

- ▶ Training for personal tutors. This includes information on roles, regulations, expectations etc.
  - ▶ Skills work relating to use of open questions, non-verbal skills, using reflections etc
  - ▶ Regular meetings for senior tutors (includes representation from SWS)
  - ▶ Confidential and anonymous consultation with SWS available for all tutors and senior tutors.
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# Interagency working

- ▶ GP
  - ▶ CAT team
  - ▶ EIP team
  - ▶ IAPT
  - ▶ Local Authorities
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- ▶ AMOSSHE : The Student Services Organisation
  - ▶ The professional association for higher education managers and administrators
  - ▶ Academic Registrars Council  
[www.amoshe.org.uk](http://www.amoshe.org.uk)
  - ▶ The professional association for higher education managers and administrators
  - ▶ <http://www.aua.ac.uk/>
  - ▶ Academic Registrars Council  
<http://www.arc.ac.uk/>
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